



COMMUNITY REOPENING UPDATE

Updated: 04/30/2021

In an effort to keep you up to date on all of our community plans for reopening, here are the latest updates. If you have any questions, please do not hesitate to contact Laurie Small, Executive Director – (805) 569-8501 or LSmall@CovLiving.org or Jennifer Leggett, Associate Executive Director (805) 898-8336 or jjlegget@covliving.org.

Please note that masks are required to be worn anywhere on campus outside of apartments except when actively eating/drinking or swimming.

Level of Living/Amenities	Residential Living	Assisted Living	Skilled Nursing
<p>Dining</p> <p>Guests cannot be accommodated at Samarkand dining venues at this time.</p>	<p>Oaks Dining Room -50% capacity (max 140 diners) - dinner only through May 2. Reservations necessary. Breakfast and lunch served in the dining room effective May 3.</p> <p>Mountain View Café 50% capacity-lunch & dinner Pick-up and delivery remain available. Delivery fee of \$2 applies beginning May 3 for all meal delivery.</p>	<p>Meal delivery</p> <p>Dining Room Opening on May 9, 2021.</p>	<p>Dining rooms temporarily closed due to renovations. Meals currently delivered.</p>
<p>Fitness</p>	<p>25% capacity Indoor Gym (3 participants max)</p> <p>Outdoor Cardio Gym- (3 participants max)</p> <p>Fitness Classes- 15 person maximum indoors (Mountain Room)</p> <p>Outdoor- no limit in class size (Magnolia Courtyard)</p> <p>Off-Campus hikes resume 4/7/21</p>	<p>Brandel Hall- Fitness Classes led by instructors 4x/week</p> <p>Heritage Court- Fitness Classes 4x/week</p>	<p>Fitness Class 1x/week Led by Wellness Coordinator</p>
<p>Pool</p>	<p>Open Swim- 4 swimmers maximum (dawn until dusk) By appointment only.</p>	<p>Open Swim- 4 swimmers maximum (dawn until dusk) By appointment only</p>	<p>Aquatic Therapy as prescribed</p>

	Water Exercise Classes 5 days/week- 10 participants maximum		
Chapel	Sunday/Wednesday Chapel Messages outdoors/ <i>indoors</i> beginning June 6, 2021. (Mountain Room- max 50% capacity & modifications) Small Life Groups Bible Studies in person	Brandel Hall-Weekly Gathering (Monday afternoons): Chaplain Chat Heritage Court- Chapel Weekly (Monday mornings in person)	Weekly Wednesday morning Chapel Service in person
Activities Please check monthly calendar for regular updates.	Billiards Room open Small Group Art Classes (max 8) Local Buscapades resume 5/7 Art Gallery Exhibits (FR) Small Group Special Interest Groups resume Open Art Studio Tu/Th starts 5/4 SBCC Vitality Classes continue Zoom platform Spring Semester TEC Classes in Lab (8-person max)	Daily Group Programming- Guest musician programs Resident-led presentations Cognitive Stimulation Nutrition based programs	Daily small group programming all dimensions of wellness
Visiting	Outdoor Pavilion (Eastern half) Visits 7 days/week 12pm-5pm. Schedule appointments with <i>Front Desk 805.687.0701</i> Screening conducted for all visitors at Entrance. Apartment day visits (2 guests max) beginning 5/1/21. Check in at Security with screening and masks required.	Brandel Hall- Visits in apartment. 4 appointments available each day Heritage Court- Visits in apartment. 2 appointments available each day <i>(Call Pam Bigelow to schedule at 805.569.8506)</i> Masks required	Outdoor and Window visits still available. Indoor Visitation also available. Schedule visits by calling 805.569.8594. Rapid Covid-19 self-testing 15 minutes prior to visit. Procedure mask and Face Shield required during visits. <i>(available in health center)</i>