



COMMUNITY REOPENING UPDATE

Updated: 04/06/2021

In an effort to keep you up to date on all of our community plans for reopening, we wanted to summarize the latest updates for you. If you have any questions, please do not hesitate to contact Laurie Small, Executive Director – (805) 569-8501 or LSmall@CovLiving.org. We look forward to seeing you soon.

Level of Living/Amenities	Residential Living	Assisted Living	Skilled Nursing
Dining	Oaks Dining Room -25% capacity (max 70 diners) in - dinner only Mountain View Café (max 16 diners)-lunch & dinner Pick-up and delivery remain available	All meals delivered to apartments	Dining rooms temporarily closed due to renovations. Meals currently delivered.
Fitness	10% capacity Indoor Gym (2 participants max) Outdoor Cardio Gym- (3 participants max) Fitness Classes- 15 person maximum indoors (Mountain Room) Outdoor- no limit in class size (Magnolia Courtyard) Off-Campus hikes resume 4/7/21	Brandel Hall- Fitness Classes lead by instructors 4x/week Heritage Court- Fitness Classes 4x/week	Fitness Class 1x/week Lead by Wellness Coordinator
Pool	Open Swim- 4 swimmers maximum (dawn until dusk) Water Exercise Classes 5 days/week- 10 participants maximum	Open Swim- 4 swimmers maximum (dawn until dusk)	Aquatic Therapy as prescribed
Chapel	Sunday/Wednesday Chapel Messages online Small Life Groups Bible Studies in person	Brandel Hall-Weekly Gathering (Monday afternoons): Chaplain Chat Heritage Court- Chapel Weekly (Monday mornings in person)	Weekly Wednesday morning Chapel Service in person

<p>Activities</p>	<p>Billiards Room open 1:1 Art Classes Wildflower Walks Art Gallery Exhibit (FR) Car Show on Campus</p>	<p>Daily Group Programming- Guest musician programs Resident-lead presentations Cognitive Stimulation Nutrition based programs</p>	<p>Daily small group programming all dimensions of wellness</p>
<p>Visiting</p>	<p>Outdoor Pavilion Visits 7 days/week 12pm-5pm. Schedule appointments with Front Desk 805.687.0701 Screening conducted for all visitors at Entrance.</p>	<p>Brandel Hall- Visits in apartment. 4 appointments available each day Heritage Court- Visits in apartment. 2 appointments available each day <i>(Call Pam Bigelow to schedule at 805.569.8506)</i></p>	<p>Outdoor and Window visits still available. Indoor Visitation also available. Schedule visits by calling 805.569.8594. Rapid Covid-19 self-testing 15 minutes prior to visit. Procedure mask and Face Shield required during visits. <i>(available in health center)</i></p>